

Spirit Award Challenge Rules

Team Spirit

“Feelings of camaraderie among the members of a group, enabling them to cooperate and work well together.”

Dictionary.com

Teams that are united with team spirit are often the ones that rise to the highest levels of performance both in and out of the workplace...does your company have Spirit? Corporate Challenge has spirit competitions for everyone to participate in.... including fundraising activities, networking, and special activities for your CEO!

Spirit Award Challenge points can be received in the following activities:

1. CEO Challenge
2. Team Nominations
3. Cardiac Crash for Heart and Stroke
4. Extra Life for the Stollery
5. T-Shirt Contest
6. Raffle Tickets
7. Networking Activity
8. Talent Show

SPIRIT AWARD ACTIVITIES

Showing team spirit is as important as winning a gold medal in Corporate Challenge, so we want to reward everyone who takes part in the Spirit Award Challenge. Teams can earn spirit points by competing in each of the tasks (see descriptions below for complete information). There will be an overall spirit winner in each division, plus teams that finish in the top six will earn additional Spirit points. Additionally, teams will earn overall Challenge points just for taking part!

1. CEO CHALLENGE - up to 300 Spirit Award Points PLUS 10 Participation Points

The CEO Challenge kicks off at the Pep Rally with a series of fun challenges for your Senior Manager/CEO. Every company with a CEO/Senior Manager participating will earn their company 200 SPIRIT AWARD points. Plus extra points will be awarded for the top three finishers in each division. Sign your CEO up on the Sport Selection form along with all the other events.

2. TEAM NOMINATIONS - 10/5 Spirit Award Points per nomination

Nominate a team that you witnessed showing the Corporate Challenge Spirit! Each nomination a company receives will earn them 10 Spirit Points! And just for nominating them, your company will receive 5 Spirit Points. There will be a QR code available at all events to scan and upload your nomination. You can also [click here](#) to nominate a team. We ask that in the spirit of Fair Play you do not solicit nominations from other teams for your company.

3. CARDIAC CRASH - up to 325 Spirit Award Points PLUS 10 Participation points

Face off against fellow ECC teams in our first-ever in-person CardiacCrash Tournament! Get ready for a thrilling showdown as your team competes for the title of CardiacCrash Champion. You'll go head-to-head with other teams while learning life-saving CPR skills. It's like Family Feud, but with a heart-pumping twist—practicing CPR to save lives! Sign up with Heart and Stroke [HERE](#).

4. EXTRA LIFE - MARIO KART -- up to 150 Spirit Award Points PLUS 10 Participation Points

Extra Life is a fundraising event for the Stollery Children's Hospital and this year we are presenting it live and in-person! Teams will be able to earn both CHALLENGE and SPIRIT Points as they play MARIO KART. This is a medal event, so you can earn overall Challenge points for placing in the top 6 PLUS if your team signs up to fundraise, you have the opportunity to earn Spirit Points as well.

5. T-SHIRT CONTEST - 100 Spirit Points PLUS 10 Participation Points

Deadline to Submit T-shirt: June 3, 2026

Show off your unique team shirt design and earn Spirit Points at the same time!

Everyone who enters the t-shirt contest will be awarded 100 Spirit Points! Plaques will be awarded to the top design in each division. Judging of the t-shirt contest is done by our sponsor!

Remember that gologo.ca is our official merchandise sponsor and only they are licensed to use the official Corporate Challenge logo. [Click here](#) to see gologo's specials and to contact Michael for more information.

Your t-shirt entry can be dropped off at any Corporate Challenge event. Please put the shirt in an envelope and label it: T-Shirt Contest

6. RAFFLE TICKETS - up to 400 Spirit Points available PLUS 10 Participation Points

Help us sell out the incredible raffle this year! We have an amazing trip and other great prizes available! The tickets are sold through Rafflebox and your company can earn

points by having buyers select your company name under the “In Support of” section.

Spirit points are awarded as follows:

Up to 25 tickets sold - 100 Spirit Points awarded

26-50 tickets sold - 200 Spirit Points awarded

51-100 tickets sold - 300 Spirit Points awarded

100+ tickets sold - 400 Spirit Points awarded

7. TEAM NETWORKING ACTIVITY - Spirit Points up to 400 Spirit Points Available PLUS 10 Participation Points

Each year, Corporate Challenge brings teams together for a fun, interactive networking experience.

8. TALENT SHOW - 200 Spirit Points PLUS 10 Participation Points

Gather your fellow co-workers and put together your act for the year-end talent show!

All teams that participate will receive 10 participation points in addition to the 200 Spirit Points. Teams must sign up for the talent show before May 2, 2026.

[CLICK HERE](#) to sign up your company.

SPIRIT AWARD CHALLENGE POINTS

All SPIRIT points are added together and the team with the most SPIRIT points (in their division) at the end of the games will earn additional overall CHALLENGE points. Plus, everyone who earns a minimum of 500 SPIRIT points will earn 10 CHALLENGE points and everyone with at least 50 SPIRIT points will receive 5 CHALLENGE points.

- 1st Place in Spirit earns 40 CHALLENGE points
- 2nd Place in Spirit earns 36 CHALLENGE points
- 3rd Place in Spirit earns 32 CHALLENGE points
- 4th Place in Spirit earns 28 CHALLENGE points
- 5th Place in Spirit earns 24 CHALLENGE points
- 6th Place in Spirit earns 20 CHALLENGE points