

Obstacle Course Rules

Team Participants

- 3 Obstacle Course runners (any gender)
- 1 E-Sub allowed (Emergency non-employee Substitute)
- Participants must be employees of your company at the time of play (with exception of the E-Sub).

Format -

- There will be 3 course options -Beginner / Intermediate / Advanced. Each level increases in difficulty. Every team will get a walk through the course before the start of the race.
- One member will complete the Beginner Course, one will complete the Intermediate Course and one will complete the Advanced Course.
- Only one competitor will be on the course at a time.
- Each competitor may attempt any obstacle 3 times. If a competitor skips or fails to complete an obstacle they will be assessed a time penalty for each missed obstacle depending on the complexity of the obstacle.
- If a competitor does not attempt any of the obstacles and simply “walks the course” that individual will be assessed a 10 minute penalty. Their team’s combined time will still qualify for the standings.
- Each competitor must complete their course individually without physical help from their teammates.
- Every competitor must wear clean dry shoes.

Scoring

- The sum of the times for all three competitors determine the team's finish position, barring disqualifications.
- All three competitors must complete their respective course.

Tie Breaker

- In the event of a tie, the team with the fastest individual course time will be the winner.

Corporate Challenge Points

- Each team that participates will receive 10 PARTICIPATION points.
- The top 6 teams in each division will be awarded CHALLENGE points as follows:
 - 1st place - 10 points (GOLD)
 - 2nd place - 8 points (SILVER)
 - 3rd place - 6 points (BRONZE)
 - 4th place - 4 points
 - 5th place - 3 points

- 6th place – 1 point
- Gold, Silver and Bronze medals will be awarded to the winning teams in each division.

Team Cancellation/No Show Penalty

Cancellations must be emailed to the Corporate Challenge office. If a team must cancel their participation in a sport, the Penalties are as follows:

LAST MINUTE CANCELLATION: (Within 48 hours of your event start time)

Teams that provide written notification (by email) that they are canceling out of an event within 48 hours of the start of the event will be penalized 5 points. A company with participants who register at the event but are unable to register an eligible team will be considered a cancellation and the penalty will apply.

NO SHOWS: (No notification of cancellation)

A No Show will result in a 10-point deduction and disqualification from that sport for the following year. A NO SHOW is a team that has not provided any notification that their team is not participating in an event prior to start time of the event.